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# Making Natural Liquid Soaps: Herbal Shower Gels, Conditioning Shampoos, Moisturizing Hand Soaps, Luxurious Bubble Baths, And More



## Synopsis

Make our own liquid soaps and body products right in your kitchen. Catherine Failor shows you how to use her simple double-boiler technique to create luxurious shower gels, revitalizing shampoos, energizing body scrubs, and much more. Step-by-step instructions teach you how to turn basic ingredients like cocoa butter, lanolin, and jojoba into sweet-smelling liquid soaps. You'll soon be experimenting with your favorite oils and additives as you craft custom-made products that are kind to your nose and gentle on your skin.

## Book Information

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## Customer Reviews

Creating Liquid Soaps That Soothe! Finally, a book on making liquid soaps at home! Let expert soapmaker Catherine Failor introduce you to the luxurious world of all-natural liquid soaps -- the easy way. Using a simple double-boiler technique, you can create inexpensive moisturizing hand soaps, revitalizing shampoos, invigorating shower gels, soothing bubble baths, and much more. And all tailored to your skin type, to your hair's needs, or even to your mood! Discover how easy it is to master this special hot-process soapmaking technique and explore the art of this rewarding craft. Using simple, pure ingredients, such as cocoa butter, lanolin, and jojoba, you can create liquid soaps that are better for your skin, better for the environment, and just plain better than any you'll find in a store. Learn to blend oils and additives, add color and scent to your creations, and develop one-of-a-kind personal soaps -- all in your own kitchen! Let the soap and your creativity flow!

Catherine Failor has been making soap for more than 20 years. Her experience in graphic design and interest in science has enabled her to test hot-process soapmaking, a technique not usually accessible to the home soapmaker. She has developed new ways to make colorful, scented soaps in the home kitchen, and shares them in her Storey books, *Making Transparent Soap* and *Making Natural Liquid Soaps*. Failor's entrepreneurial ventures include Copra Soap, a specialty soap manufacturing company, and her current venture, Milky Way Molds, producing the finest selection of craft molds in the Milky Way Galaxy.

This golden rule applies to more than just cutting wood or carpet...it applies to instructions of any kind...and such is the case here. Those who have said the book isn't clear need to read it through before attempting to make one of the recipes. The instructions are given up front...read through them very carefully before making your first batch. Then read them again before starting your first batch. I don't like lye, so I am always extra careful and read everything through a few times...it helps. I've made cold process soap as well and still took the time to read through the instructions numerous times. Read Twice (or more) and mix up one! The book has some great recipes and was a help to getting going on the liquid soap side. Just wish she addressed the crock pot method. I converted it and it works just fine for me. I get LOTS of soap from a single batch and it is amazing! Going to buy a copy for my daughter as a stocking stuffer when she's here this Christmas!

I read through this book 3 times before braving my first batch of liquid soap. It went pretty well, except for the "add oil of your choice" in the recipe. I'm fine with doing that, and there's a chart in the book supplying the values for each oil, but then how did she have a ready calculated amount of KOH for the recipe? I am not trying to be sarcastic, I am genuinely curious, as a relatively new soap maker, with this being the first time using this lye. I ended up using olive oil, and used the chart to calculate the amount of lye. Another thing that was a bit confusing was the dilution process. It seemed a bit vague, and left me very unsure as to how much water I should add. My mixture was very thick with the amount I thought I was supposed to add, so I ended up slowly adding more until it was the viscosity I wanted. I can't fault the author for this vagueness though, because upon researching online, there is the general consensus, that each batch, depending on what oils are used is going to require vastly different dilution amounts, and different timing for the paste to cook down. I wish tho, that she had worded it in that way, and added that some things can only be learned from one's hands on experience. It wouldn't have seemed so intimidating then. From a newbie's perspective, I learned a lot from this book, and definitely her process can be followed with

a successful result, If one is able to tap into their common sense, but I wouldn't recommend this book to fellow junior soaper. I think If I come back in a year, with many more batches under my belt , and re-read this book, its going to make SO much more sense. I just dont think I have enough experience to wrap my head around all of it yet. That's certainly not going to stop me from making lots more liquid soap though. I'm hooked!

I thought the book was very informative and easy to understand. I gave two methods of making liquid soap as well as explaining when problems occur. The pictures were great. I was able to make a great batch of soap that was crystal clear. However one negative comment, I felt the information was a little bit scattered. I had to constantly look through the book to find information that I felt should have been in the actual section (or repeated) where certain procedures were listed. I feel that all the information should be in under the category. For example "neutralization" process caused me to look through the book to explain percentages. The Book Must be completely read to know that not everything is going to be listed under neutralization. I was a mild inconvenience, however the book was very helpful.

We have followed a couple recipes in here and for some reason our soap keeps separating into 3 layers. We have bar soap down (not like it's that hard tho lol) but for some reason this cooks up fine and we think we got a good batch then after a day or so it is totally layered :-/ and to add salt to the wound we cannot find anywhere why this is happening or what to do to stop it from happening. Now we are trying to mess with recipe but have liquid soap you have to shake before using lol - but it works other than that. Would have had another star if they had a troubleshooting section or common issues

I am very new for soap making it little difficult for me this book.

Great read. Not for beginner soap makers.

It's okay. I've found much better books.

This is one of my favorite books. I didn't find the process too difficult and the stuff was pretty easy to find. I live over 7000 feet, so the cooking times are different because water boils at a fairly low temperature. I just followed her indications for how to tell the soap was done cooking even though

the time was significantly different for me. The process didn't change and the soap looked like she describes in the different stages, just time was different. I loved the book, but it does go into theory and stuff so if you are looking for a cook book recipe it is probably not the best book for you.

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